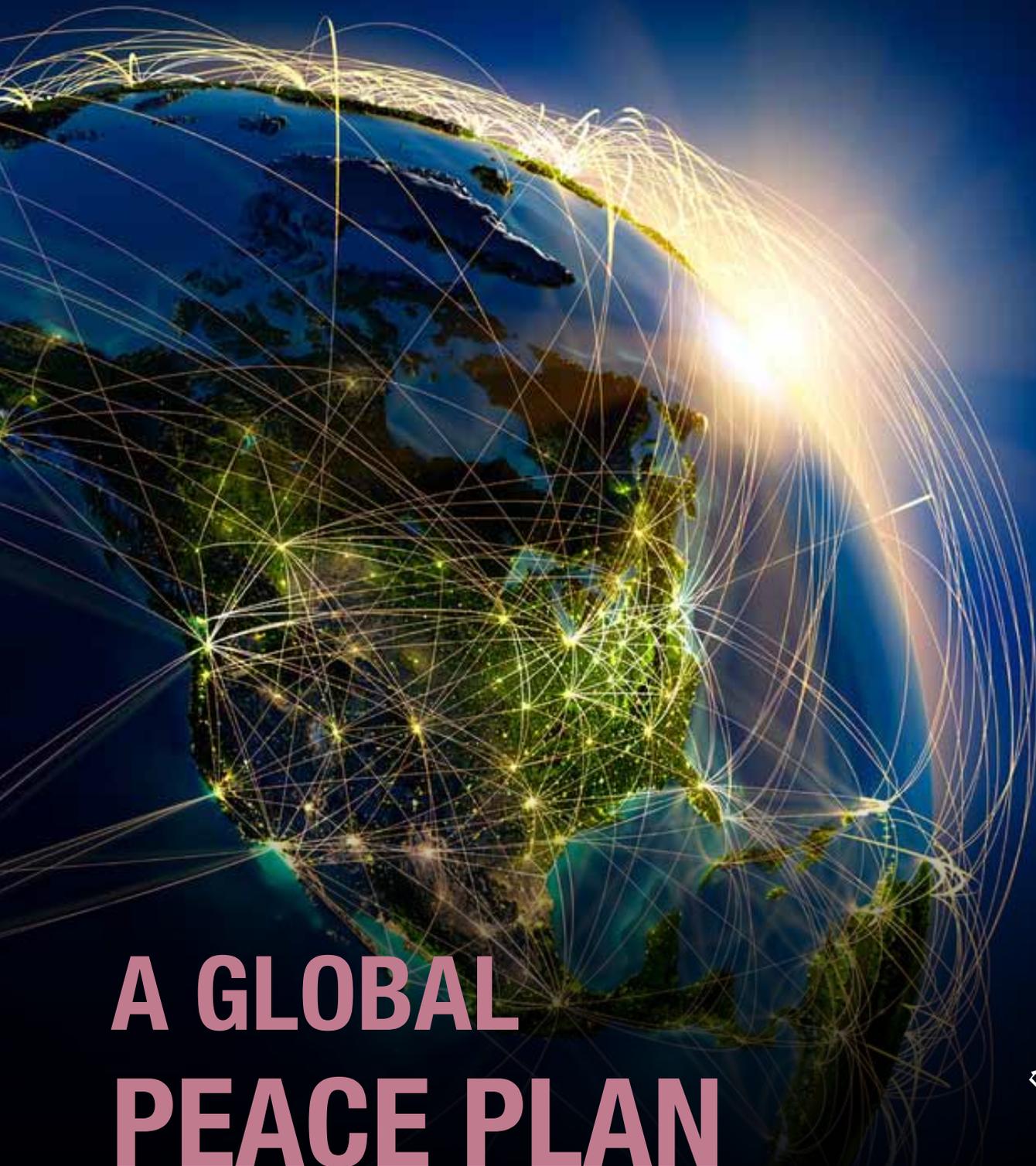


# TERRA NOVA SCHOOL

Study Unit March 2015



**A GLOBAL  
PEACE PLAN**



## Dear Terra Nova School students, dear friends and comrades around the world!

We send you sunny spring greetings from southern Portugal; we are back with news, study suggestions and ideas for the further development of the Terra Nova network.

We come from a moving wintertime in Tamera. From mid-January to mid-February, a “School Mirja” took place in Tamera’s “Political Ashram” – a rigorous internal community education with about 80 participants from Tamera and some close friends of the project.

The first few days began with an intense view into the crisis on Earth and a similarly intense view into the internal crisis of human beings. It is the same tremor that reaches us from both sides and presents us with a choice: Do we want to continue our private lives as usual or will we stand up for life on Earth, for love, for the future? Existential energy moved the group; more and more people came to breakthroughs and the courage to reveal their real questions and issues among one another. A wave of collective heart opening spread in such a depth and power we have seldom experienced. To be seen is to be loved.

A young student described how she discovered the power of thought during School Mirja; she began to think for the first time in situations where she had otherwise only reacted emotionally to the events in her life. It is an amazing discovery to take life into one’s own hands and develop transformative power through conscious thinking. It is regaining the lost power we need in order to heal and liberate our planet.

After the success of School Mirja we decided that for our Terra Nova School summer gathering, originally planned for the first two weeks of August, should be extended to four weeks to create a sort of “School Mirja” for you.

From July 15 to August 15 we invite all those responsible for the Terra Nova groups and committed Terra Nova activists for this four-week intensive course. The members of Global Campus will also take part during this gathering and offer plenty of opportunities for getting to know each other, networking and inspiration.

At the Institute for Global Peace Work in Tamera we have been working comprehensively for one week in a core group for our political campaign. New members have joined our team and we have started with fresh energy and enthusiasm. We have allotted three months for ourselves to use all technical, journalistic, political and spiritual channels to bring the ideas of “Terra Nova” to a much wider public in the German-speaking world and to increase the network of the Terra Nova School. At the same time we are preparing the international campaign. We are looking forward to the response from the world.

At the core of the campaign is a peace strategy, which was developed through almost forty years of theoretical and practical research: the “Healing Biotores Plan.” It is a global plan for a future without war. We would like to invite you to study and come into talks about this plan and its associated perspective alone and in your groups. As a study text we send you a new essay by Monika Alleweldt entitled, “A Global Peace Plan.”

Many people worldwide are busy with the question: How do we escape the dead end of capitalism? A recent survey showed that one in five Germans want a revolution; more than 60% of Germans think that we no longer live in real democracy because politics are corrupted by corporations. At the end of January Alexis Tsipras was elected Greek Prime Minister and a wave of hope swept the country and all of Europe. The very idea that a country in Europe could withdraw from this system awakened a great dream of freedom and dignity in many people. Less than four weeks later they were disappointed yet again. The agreement with the EU reads like a declaration of capitulation for Greece; it makes it clear that a real exit from the impasse within the system is no longer possible.

In her “Guardian” article on January 23rd, the German journalist and degrowth activist Christiane Kliemann writes, “Before a new narrative - degrowth, for example - can gain ground, we have to accept that there are only radical options left. We have to choose between our economy and our future.”

The Healing Biotopes plan shows how a system change could succeed worldwide. The plan positions itself on such a level that previously only global strategists of the military, intelligence agencies and corporations were working on. We can only overcome the globalization of violence if we gain a realistic vision for globalization of peace and humanity – globalization based on solidarity and community instead of capitalism and war.

The ideas contained in these perspectives are generally very comprehensive and in principle easy to understand. They can be thought through step by step and understood by everyone. Nevertheless they are only taken up by relatively few people. To rid the world of war would indeed be desired by the vast majority of people, but if one group or movement really takes on this task very few people actually join, for it may seem scary or megalomaniac to some. With our usual mental and spiritual constitution, we do not believe that we are capable of evoking such a transformative power.

However, there is a world of unimaginable possibilities and parallel realities. In an area such as extreme sports, we look into a world “beyond limits.” We stand by, shake our heads and say, “That cannot be possible!” But it is possible; it is happening before our eyes.

We have selected some videos where you can see the extraordinary abilities of people today. We invite you to watch them together at the beginning of your study group and continue by immersing yourselves in studying the global peace plan:

- The Japanese swordsman Isao Machii cuts through a flying bullet:  
<https://www.youtube.com/watch?v=Qzhs1Z8Rwnk>
- The world record for Rubik’s cube:  
<https://www.youtube.com/watch?v=wW-rd9ZR-TA>
- The invincible forces of a Tibetan Kung Fu Master:  
<https://www.youtube.com/watch?v=26pJkYhHGek>

**If all this is possible, should it really be impossible to free the Earth from war? If people can acquire such skills, can we not also develop similarly high powers for the humanization of this planet?** Imagine a growing movement of people from all countries has discovered the same high faculties, the same passion and exuberance for ending all wars, for the healing of love, the healing of nature, the creation of new communities!

We wish you a strong study time. Please send us questions and thoughts that come up while studying. We are happy to answer them.

Finally, we would like to remind everyone that we are now publishing exciting contributions for all the many aspects of Terra Nova every day on our Facebook and Twitter pages.

Please subscribe to our pages and “share” our posts with your inner joy!

Facebook: <https://www.facebook.com/terranovamovement>

Twitter: <https://twitter.com/TerraNovaRising>

We thank you for your commitment.

In the name of the new planetary peace community.

In the name of warmth for all creatures!

*Martin Winiecki, Monika Berghoff, Nora Czajkowski, Rui Braga, Dara Silverman*



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# A GLOBAL PEACE PLAN

About the upcoming book by Dieter Duhm:

**Terra Nova: Global Revolution and the Healing of Love**

By Monika Alleweldt

*In the realms of technology, nothing seems impossible to humankind anymore – Nanorobots are running like immune cells through the blood stream rendering cancer cells harmless; space probes are dashing six billion kilometers through outer space in order to place a refrigerator-sized laboratory on a comet not more than four kilometers long. These are masterful technical performances illustrating what is possible when human vision and human intention ascend to almost superhuman dimensions.*

The book *Terra Nova: Global Revolution and the Healing of Love* (English edition to be launched Autumn 2015) moves in similarly bold dimensions, but in an area where only little belief has so far been invested. Nonetheless, here too it is true that everything we are able to think can also be done. For more than forty years the author Dr. Dieter Duhm, a psychoanalyst and sociologist, has been working with his partner Sabine Lichtenfels and others on a new concept for inhabiting planet Earth, with the question: How can we globally develop a culture that has left behind all war and cruelty?

The book was written in compassion for the pain and suffering of the world. Through different approaches it leads its readers to a global peace plan, the 'Healing Biotopes Plan.' At the center lies the vision of a healed humankind and a healed Earth: Terra Nova. It is the vision of human existence free of fear and violence; a vision for ending the war between the genders, for free love and free sexuality, for a fulfilled creative life, for cooperating with nature and all its beings, for freely supplying all living beings with enough food, water, and energy. It is humankind's dream of peace.

*Terra Nova. It is the vision of human existence free of fear and violence.*

But who is still able and willing to believe in it, facing everything that happens day after day on this planet? Facing Iraq, Rwanda, Syria, Ukraine... facing military budgets and arms industries... after Auschwitz, My Lai, Srebrenica... after this endless history of infinite horror which continues to date, day after day. War against human beings, against animals, against nature.

Which plan could put an end to all of this? Which power is strong enough to do so?

The destruction happens on behalf of single groups, governments, militaries, secret services etc., but they could not prevail against the rest of the world if they were unable to step into resonance with a latent readiness for violence present in each individual. It is the result of a collective trauma, a structural fear that was deeply ingrained in the cellular consciousness of every human being over a long epoch of war.

*“Behind the epidemic of merciless violence hides the experience of a pain which can no longer be dealt with in conventional ways. Yet it can be healed”* (Dieter Duhm).

Here is the way out. The leverage point able to tip the system lies in healing the trauma. This is the very point where we need to start in order to deeply break the cycle of victim and perpetrator once and for all. When fear ceases to exist, war and globalized capitalism lose the basis of their power, which enabled them to turn people of all nations and religions into their willing henchmen.

This form of healing does not only succeed by way of individual therapy; it requires a healing surrounding. It is the societal being that determines consciousness. In this regard Dieter Duhm, former activist of the 1968 students movement and author of the then-bestseller *Angst im Kapitalismus* [Fear in Capitalism], has remained a Marxist to this day.

His peace plan is based on implementing specific peace centers, so called ‘Healing Biotopes.’ Like miniature societies, they are pilot models of the desired peace culture. In his ‘Political Theory’ he explains and substantiates why only relatively few such centers worldwide could suffice in bringing about a global shift from the matrix of violence to the matrix of life.

*“How can the conditions of structural peace established in a few places impact the entire planet? The answer results from the characteristics of holistic systems. (...) Crucial to the success of these local centers is not how big and strong they are (compared to the existing apparatuses of violence), but how comprehensive and complex they are, how many elements of life are well combined and united within them. Evolutionary fields develop not according to the ‘survival of the fittest,’ but the ‘success of the most comprehensive.’ Otherwise, no new development could prevail, for they all started small and inconspicuous”* (Duhm).

Crucial to the success of these local centers is not how big and strong they are, but how comprehensive and complex they are.

As soon as the first centers of this kind have gained sufficient complexity and function without inherent contradictions, peace is no longer a vague idea, a word attached to the smell of old churches or strict parental homes. Peace is thus a realistic, highly energetic life practice of human beings who free and heal themselves from the specters of fear and psychological wounds of the past.

Peace is the coexistence of human beings based on trust and community. It is hard to imagine a system change that could be more radical. Building trust bit-by-bit requires the disengagement from all systems of violence. It requires regional self-sufficiency, mutual support in the neighborhood, compassion for the situation of the world, healing the cycles of water, developing decentralized energy systems, building holistic schools and education systems, creating new social structures wherein the feminine can again assume its original high position and wherein love can endure, grow, and expand.

Peace is much more than the absence of war. It is the greatest revolution of our life conditions we can imagine. Peace is a life fulfilled and lived to the fullest.

The conditions however that life needs to freely unfold collide with systems based on fear and mistrust. That is why building such centers demands the courage to take a stand for life without wrong compromises and without stepping into fight with the existing system.

*"If life wins, there will be no more losers"* (Duhm).

Everyone will benefit from the peace work done in Healing Biotopes. We all are human beings. There are no enemies.

Healing Biotopes are crystallization points for a new idea. Above a certain level of development they show that peace is viable, tangible, experienceable. What is possible at one or a few places in the world is in principle possible everywhere. Peace has become an attractive life perspective; a genuine alternative for humankind now possesses the knowledge to make it come true. This could awaken the potential for action in many people worldwide. An unending wave of enthusiasm could spread around the globe. *"Nothing is more powerful than an idea whose time has come"* (Victor Hugo). And humankind needs nothing more urgently than an idea of how it could continue.

These are not only theoretical considerations and dreams. What is unique about this book is that it is based on a mental-spiritual vision developed and verified in real life. The author writes from a place of deep insight into human nature and long-term experience in building functioning communities. Already in 1975 he decided to end his university career in order

If one wants to know how humankind functions, one should find out how a group functions.

to develop the concept for a convincing peace perspective outside of academic life. In 1978 he founded a first research community. In his book Terra Nova he writes, *"In order to find out how to end the global insanity we had to set new foundations for human coexistence. (...) If one wants to know how humankind functions, one should find out how a group functions, for it contains all light and shadow sides of our human existence within it"* (Duhm).

The Healing Biotope Tamera in southern Portugal emerged from the initial community. Around 160 people are currently working there in cooperation with a growing international network. The project collaborates with initiatives in the Middle East ('Peace Research Village Middle East'), Colombia ('Peace Community San José de Apartadó'), Brazil ('Favela da Paz'), Kenya ('Otepic' permaculture center) and others. Tamera is one of the most radical community projects of our time; it is still far from finished, but is continuously working in the desired direction.

Further steps for manifesting the global peace plan are connected with the publication of the book. They include:

1. Healing Biotopes and peace centers need international protection and support. For this purpose a kind of 'planetary peace council' is to be established with people who pick up the idea, cooperate with one another, and support the plan with all available means and possibilities.
2. Both the book and the plan require international distribution and acknowledgment. This way more and more people will be able to see the endeavor as realistically feasible.
3. Alongside the indispensable political awakening to what is happening on Earth, a new peace movement needs media professionals and media channels to develop and spread the archetypal images and words of peace, for example through political art, films, comments on global events, and 'diaries of transition.' Attention is thereby withdrawn

from the collective trauma, from powerlessness and resignation. Instead the underlying potential of revolutionary power is awakened, for this information is in resonance with a dream anchored in every human being's soul.

4. All those interested need free access to the necessary knowledge. The Terra Nova School is an emerging worldwide network of people studying these new thoughts. It is to become a global education platform freely offering this content as much as possible. In collaboration with similar education projects, a common curriculum for the social, ecological, and technological knowledge necessary for building communities of trust and other future projects is to be developed.
5. All the aforementioned points require donors, journalistic support, and committed human beings who want to contribute to the manifestation.

We give thanks to all those who contact us in this regard!

To conclude we wish to remind you that there was not yet an airplane 150 years ago, not a single computer 70 years ago. Whatever can be thought can be done. Humankind is able to achieve anything it places at the focal point of its will power.

*“Is it still possible to free the Earth from the immeasurable violence? I push all illusions aside and answer, ‘Yes, it is, if we want and do it will all powers available to us’” (Duhm).*

On behalf of the following generations.

On behalf of planet Earth and all its living beings.

On behalf of life.

Thank you!



**The book:**

“Terra Nova: Global Revolution and the Healing of Love” by Dieter Duhm

German original published on November 9th 2014

English edition to be published in Autumn 2015

Publishing house: Verlag Meiga

Pre-order via E-mail to: [info@verlag-meiga.org](mailto:info@verlag-meiga.org)

**Contact:**

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[info@verlag-meiga.org](mailto:info@verlag-meiga.org) • [www.verlag-meiga.org](http://www.verlag-meiga.org)

## Basic Literature

In addition to the monthly mailings, we recommend following books in order to go more deeply into the studies:

- Martin Winiecki (Ed.): Setting Foundations for a New Civilization\*\*
- Dieter Duhm: Towards a New Culture\*
- Dieter Duhm: The Sacred Matrix\*\*
- Dieter Duhm: Eros Unredeemed\*\*
- Dieter Duhm: The Decision, Part 1 and Part 2 (only available through Tamera)\*\*
- Sabine Lichtenfels: Sources of Love and Peace\*\*
- Sabine Lichtenfels: Grace – Pilgrimage for a Future without War\*\*
- Peace Pilgrim: Steps Towards Inner Peace\*\*\*
- Jacques Lusseyran: And There Was Light
- Michael Talbot: The Holographic Universe
- Sepp Holzer: Desert or Paradise?

\* this book is free available at: [www.towards-a-new-culture.org](http://www.towards-a-new-culture.org)

\*\* Students in the Terra Nova School can purchase these books from us at 33% off, plus the cost of shipping! Please take advantage of this opportunity!

\*\*\* available at no cost at: [www.peacepilgrim.org](http://www.peacepilgrim.org)

## Request for Financial Support

We are volunteering our time to keep the costs down for work, translations and other daily necessities, layout, and so on. We ask all those who are able to do so, to support the project with a monthly donation. You may use Paypal (Click here: [https://www.paypal.com/cgi-bin/webscr?cmd=s-xclick&hosted\\_button\\_id=R3NJY2SGYRCAA](https://www.paypal.com/cgi-bin/webscr?cmd=s-xclick&hosted_button_id=R3NJY2SGYRCAA), you can choose your language on the top of the page in the right corner), and if you live in Europe, we request you to directly make a bank transaction to following account:

**Name:** G.R.A.C.E.

**Bank:** Caixa Crédito Agrícola S. Teotónio

**Account Number / NIB:** 004563324023830233193

**IBAN:** PT50004563324023830233193 • **BIC:** CCCMPTPL

Please note that your donations are for the Terra Nova School.

Supporting with your time to help with translation, web design, layout etc would also be greatly appreciated.

Thanks for your help and support!

